

CODE	TOPICS	SUB TOPICS
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26.3.0 INTRODUCTION TO COUNSELLING PSYCHOLOGY

26.3.01 INTRODUCTION

This module unit is designed to equip the trainee with knowledge, skills and attitudes that will enable him/her to effectively counsel and support clients in a society.

26.3.02 GENERAL OBJECTIVES

By the end of this module unit, the trainee should be able to:

- a) appreciate the importance of counseling services in society
- b) explore counseling issues in society
- c) enhance awareness of ethical and professional issues in counseling
- d) network with other organizations involved in counseling services.

CODE	TOPICS	SUB-TOPICS	HOURS
26.3.1	INTRODUCTION TO COUNSELLING	<ul style="list-style-type: none"> • Meaning of counseling • Importance of counseling • Branches of counseling • Principles of counseling • Counsellor-counselee relationship • Emergency of counseling psychology • Factors contributing to need for counseling 	15
26.3.2	TECHNIQUES OF COUNSELLING FOR SOCIAL WORK	<ul style="list-style-type: none"> • Areas of counseling • Techniques of counseling • Challenges of counseling techniques • Interview in counselling • Counselling skills 	20
26.3.3	ETHICS IN COUNSELLING	<ul style="list-style-type: none"> • Meaning of counseling ethics • Principles of counseling ethics • Importance of ethics in counseling • Ethical issues in counseling • Role of records in counselling 	20
26.3.4	COUNSELLING PROCESS	<ul style="list-style-type: none"> • Meaning of counselling process • Stages in the counselling process • Challenges in the counselling process 	15
26.3.5	ROLE OF COMMUNICATION IN COUNSELLING	<ul style="list-style-type: none"> • Meaning of communication • Types of communication in counselling • Challenge of each type communication in counselling • Communication skills in counselling 	20
26.3.6	SETTING UP A COUNSELLING PROGRAMME	<ul style="list-style-type: none"> • Stages in developing a counselling programme • Role of social worker in managing a counselling programme • Impact of counselling in society 	20
TOTAL HOURS			110